# Inositol 1,4,5-trisphosphate (IP<sub>3</sub>) induced rapid formation of thromboxane B<sub>2</sub> in saponin-permeabilised human platelets: mechanism of IP<sub>3</sub> action

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The mechanism of IP<sub>3</sub>-induced activation of saponin-permeabilised platelets has been examined. Saponin permeabilisation resulted in the leakage of low- $M_r$  substances into and from the cells without loss of cytoplasmic proteins. Addition of IP<sub>3</sub> rapidly induced a dose-related formation of thromboxane B<sub>2</sub> and release into the medium, leading to the responses of shape change, aggregation and [14C]5HT release. These responses were inhibited by the thromboxane A<sub>2</sub> receptor antagonist AH23848. The IP<sub>3</sub>-induced release of 45Ca from intracellular stores was not affected by indomethacin. Synthesis of thromboxane was inhibited if Ca<sup>2+</sup> elevation was prevented by using Ca-EGTA buffers during permeabilisation. These studies indicate that IP<sub>3</sub>-induced activation was due to Ca<sup>2+</sup> mobilisation leading to phospholipase activation and thromboxane synthesis.

Permeabilized platelet; Inositol 1,4,5-trisphosphate; Ca<sup>2+</sup> mobilization; Thromboxane synthesis

#### 1. INTRODUCTION

Inositol 1,4,5-trisphosphate has now been identified as an important intracellular second messenger molecule that can effect the release of Ca<sup>2+</sup> from intracellular stores in a wide variety of tissues [1]. In some tissues this ability of IP<sub>3</sub> to raise the cytosolic [Ca<sup>2+</sup>] has been correlated with functional events, e.g. exocytosis of cortical granules in sea urchin eggs [2] and voltage responses in photoreceptor cells of *Limulus* [3,4]. It has also been shown to release Ca<sup>2+</sup> from platelet intracellular membranes [5–7] and more recently we have demonstrated that IP<sub>3</sub> can initiate certain functions such as shape change, aggrega-

Correspondence address: K.S. Authi, Dept of Biochemistry, Royal College of Surgeons of England, Lincoln's Inn Fields, London WC2A 3PN, England tion and release of granule-stored [14C]5HT when added to saponin-permeabilised platelets [8]. These properties are comparable to those initiated by conventional agonists applied to intact platelets. By using inhibitors of cyclooxygenase and thromboxane receptor antagonists we also demonstrated [8] that these IP3-induced responses are dependent upon the formation of thromboxane and its rapid release and binding to surface receptors on the platelets. These findings led us to suggest that IP3-induced release of Ca2+ from an intracellular membrane storage site (the platelet endoplasmic reticulum-like complex) is followed by activation of phospholipase A<sub>2</sub>, release of arachidonic acid and the formation of thromboxane A2 by cyclooxygenase and thromboxane synthase. All these enzymes have been shown to be located in the same intracellular membranes which have the capacity to sequester  $Ca^{2+}$  through the action of a  $(Ca^{2+} + Mg^{2+})$ -ATPase [9-13].

Here, our studies using saponin-permeabilised platelets have been extended to confirm that IP<sub>3</sub> triggers prostanoid synthesis through Ca<sup>2+</sup> mobilisation rather than by any direct effect upon the synthetic 'enzymes' involved.

#### 2. EXPERIMENTAL

### 2.1. Reagents

AH23848 was a gift from Glaxo Group Research, Ware, Herts. <sup>45</sup>Ca was obtained from NEN (4-50 Ci/g Ca). All other reagents and chemicals were from sources described earlier [8].

#### 2.2. Preparation of washed platelet suspensions

Preparation of washed human platelets and labelling of the dense granule constituents with [\frac{14}{C}]5HT were carried out as in [8], except that the final resuspension buffer was of the following composition: 1 mM glucose, 140 mM KCl, 1 mM MgCl<sub>2</sub>, 0.42 mM NaH<sub>2</sub>PO<sub>4</sub>, 6 mM NaHCO<sub>3</sub> and 10 mM Hepes (pH 7.4) made up in Analar water (BDH) at a cell concentration of 2.5 × 10<sup>8</sup> cells/ml. This platelet suspension was kept at 37°C, gassed with O<sub>2</sub>/CO<sub>2</sub> (95%/5%) every 30 min and experiments were completed within 4 h of blood donation. Only donors who were certain that they had taken no aspirin-containing medicaments during the previous 10 days were used.

# 2.3. Saponin permeabilisation and aggregation experiments

Unless otherwise indicated the following experimental protocol was carried out at 37°C using a Payton 300B dual-channel aggregometer. Typically, 400 µl platelet suspension was equilibrated in aggregation cuvettes for 3 min and saponin was added at a final concentration of between 12 and 14  $\mu$ g/ml. After 2 min either IP<sub>3</sub> or the different agonists were added and reactions were followed for another 4 min. In the [14C]5HTrelease experiments 2 µM imipramine was also added 2 min before saponinisation. Reactions were terminated by the addition of 500 µl of 3% glutaraldehyde, 6 mM EDTA, 150 mM KCl (pH 7.4). The [14C]5HT released into the supernatant was determined by liquid scintillation counting after centrifugation at  $12000 \times g$  for 3 min.

#### 2.4. Measurement of thromboxane $B_2$ in media

These were duplicate experiments carried out in parallel to those with platelets not prelabelled with any isotopes. For these studies reactions were terminated in the aggregation cuvettes by the addition of 10 mM EDTA and 10  $\mu$ M indomethacin. After centrifugation at 12000  $\times$  g for 3 min the supernatants were assayed for thromboxane B<sub>2</sub> (TXB<sub>2</sub>) by radioimmunoassay [14] after separation of nonpolar materials on a Sep-Pak column.

## 2.5. <sup>45</sup>Ca<sup>2+</sup> labelling and release studies

<sup>45</sup>Ca labelling of intact platelets was carried out using buffers modified to increase uptake of <sup>45</sup>Ca as used by Steiner and Tateishi [15] and Brass [16]. Platelets were isolated from PRP as described above and resuspended in buffer of composition 140 mM KCl, 1 mM MgCl<sub>2</sub>, 1 mM glucose, 0.42 mM NaH<sub>2</sub>PO<sub>4</sub>, 11.9 mM NaHCO<sub>3</sub>, 10 mM Pipes (pH 6.5) containing 1 mg/ml BSA and 100 nM PGE<sub>1</sub>. The cells were incubated for 4 h at room temperature in the presence of 2 μCi/ml <sup>45</sup>Ca (4-50 Ci/gCa) and 20 µM cold CaCl<sub>2</sub>. At the end of this incubation period the cells were sedimented at 500  $\times$  g for 20 min and washed in a medium containing 120 mM KCl, 5 mM MgCl<sub>2</sub>, 10 mM Pipes, 5 mM EGTA, 100 nM PGE<sub>1</sub> adjusted to pH 6.5, centrifuged at  $1000 \times g$  for 15 min and resuspended in the nominally Ca<sup>2+</sup>-free KCl medium used for the aggregation studies at 2.5  $\times$ 10<sup>8</sup> cells/ml. The uptake of <sup>45</sup>Ca and its efflux from the cells followed very similar kinetics (not shown) to those described by Brass [16]. The <sup>45</sup>Ca distributed between the cytosolic and intracellular pools. However, after labelling, the cytosolic pool quickly reached equilibrium with the external environment ( $t_{1/2} \sim 17$  min) whilst the intracellular storage pool loses  $Ca^{2+}$  much more slowly ( $t_{1/2}$ ~313 min). Experiments on IP3-induced release of <sup>45</sup>Ca were carried out between 30 and 90 min after final resuspension of the cells when there had been only a slight decrease in the 45Ca associated with the cells as measured by rapid filtration through 0.45 µm Millipore membrane filters. Reaction conditions were similar to those used in the aggregation experiments. The 400 µl aliquots of platelet suspensions were incubated in the presence of 14 µg/ml saponin at room temperature and after 2 min exposure to the detergent, IP3 or other Ca<sup>2+</sup>-mobilising agents were added and the reactions terminated at set times by rapid filtration through 0.45 µm Millipore filters. The filters were washed twice with 10 ml of a buffer containing 120 mM KCl, 5 mM MgCl<sub>2</sub>, 10 mM Pipes, 5 mM EGTA (pH 7.4), air dried, and the radioactivity remaining on the filter counted by liquid scintillation counting.

#### 3. RESULTS

Addition of IP<sub>3</sub>  $(1-15 \mu M)$  to washed human platelets permeabilised by saponin treatment rapidly induced shape change, aggregation and dense granule release [8]. These effects with IP3 were only observed with permeabilised cells and are not seen with intact cells. They were also not observed with inositol 1,4-bisphosphate (IP<sub>2</sub>). Under these conditions 15 µM IP<sub>3</sub> produced shape change and aggregation profiles comparable to those produced by 0.1 U/ml thrombin and approx. 50% of the previously incorporated [14C]5HT was released. The relationship between IP<sub>3</sub> concentration added and thromboxane produced has been examined and fig. 1a shows the formation and release of immunoreactive TXB2 measured in the supernatants, 4 min after the addition of varying amounts of IP3 to platelets permeabilised with  $14 \mu g/ml$  saponin. This figure shows a dose-related increase in the formation of  $TXB_2$  from 5.4  $\pm$  2.8 ng  $TXB_2$ /ml (basal levels, n = 6) to approx. 140 ng TXB<sub>2</sub>/ml in the presence of 15  $\mu$ M or greater amounts of IP<sub>3</sub>. The addition of 0.1 U/ml thrombin to saponised platelets produced 225  $\pm$  34 ng TXB<sub>2</sub>/ml (n = 3). Fig.1b shows a time curve of thromboxane release into the medium over 4 min; 30% of the total released appears in 15 s and around 70% in 30 s. In this context IP<sub>3</sub>-induced shape changes are generally seen within 15 s of adding IP<sub>3</sub> to the permeabilised platelets.

To complement our earlier studies where we showed that IP<sub>3</sub>-induced platelet functions were totally inhibited by pretreating the platelets at the whole cell level with TXA<sub>2</sub> receptor antagonists EPO92 and EPO45 before saponisation, we have investigated the effect of another TXA<sub>2</sub> receptor-blocking agent AH23848. This compound has been shown to antagonise platelet responses induced by U46619, TXA<sub>2</sub> and PGH<sub>2</sub> as also activation by collagen and arachidonate [17]. In the present studies,

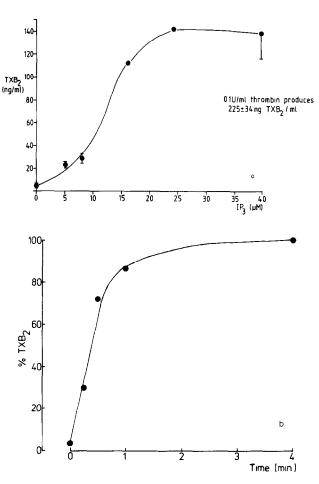


Fig.1. (a) IP<sub>3</sub>-induced TXB<sub>2</sub> formation in saponinpermeabilised platelets. Washed human platelets were incubated in aggregation cuvettes at 37°C (400  $\mu$ l, 2.5  $\times$ 10<sup>8</sup> cells/ml). Saponin was added at 14 μg/ml and followed after 2 min by various concentrations of IP3  $(0-40 \,\mu\text{M})$ . The reactions were stopped by  $10 \,\mu\text{M}$ indomethacin and 10 mM EDTA after 6 min and following centrifugation the TXB2 present in the supernatant was assayed as described in section 2. Points represent mean  $\pm$  SE (n = 3) or mean of duplicates. Similar results were obtained in 3 different preparations. (b) IP<sub>3</sub>-induced formation of TXB<sub>2</sub> as a function of time. Reaction conditions are similar to those in (a). The concentration of IP<sub>3</sub> used was 15 µM. Points represent mean of duplicate observations with similar results obtained in 2 other preparations.

AH23848 was extremely effective in inhibiting the IP<sub>3</sub>-induced responses and fig.2 shows a typical aggregation trace where AH23848 was added to intact cells 2 min before saponin. The suppression of

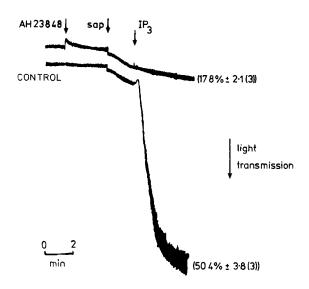


Fig. 2. Inhibition of IP<sub>3</sub>-induced platelet responses by AH23848. Reaction conditions are similar to those in fig.1a except that platelets were prelabelled with [<sup>14</sup>C]5HT. The agent AH23848 (30 nM) or carrier vehicle (NaHCO<sub>3</sub>, 0.1%) was added 3 min before saponin, and 15  $\mu$ M IP<sub>3</sub> added 2 min after saponin. Figures in parentheses indicate % [<sup>14</sup>C]5HT release. Traces are representative of at least 7 different platelet preparations.

IP<sub>3</sub>-induced aggregation was dose-dependent over the range 3-30 nM AH23848 with total inhibition at concentrations of 30 nM and over. It was noticeable, however, that at concentrations of the drug in excess of 30 nM, weak shape change responses were observed, but even at 10-fold higher concentrations (300 nM) these were not accompanied by either aggregation or 5HT release. A second equal aliquot of AH23848 (300 nM) to intact cells added 3 min after the first addition of the drug did not produce shape change, probably indicating that all of the receptor sites had been occupied by the first addition and that the shape change effect was not due to a non-specific detergent action of the drug. The weak shape change effect was also inhibited by the previously used TXA<sub>2</sub> receptor antagonist EPO92 (≥5 nM) if added 3 min prior to AH23848 (300 nM). Partial agonist activity of AH23848 has also been reported with some isolated smooth muscle preparations [17].

To explore further our concept that the IP<sub>3</sub> induced functional responses operate through Ca<sup>2+</sup>

mobilisation thromboxane production. and Ca/EGTA buffers were included in the suspension media during saponisation. Permeabilisation was carried out in the presence of 80 nM free Ca<sup>2+</sup> (Ca/EGTA ratio of 0.5 with EGTA final concentration 1.0 mM, pH 7.4; see [18]). The Ca/EGTA buffer rapidly equilibrates with the cytosol when the plasma membrane is permeabilised by saponin and under these conditions concentrations of IP<sub>3</sub> (up to 40 μM) failed to elicit shape change, aggregation and 5HT release was reduced to basal levels (16.4%  $\pm$  2.4, n = 3). Additionally with 40  $\mu$ M IP<sub>3</sub>, thromboxane production (measured as TXB<sub>2</sub>) was inhibited by 92% [12.0  $\pm$  1.3 ng/ml (n= 3) compared with 140  $\pm$  23 ng/ml (n = 3) in the absence of EGTA buffer], i.e. rose little above the basal level, suggesting that any increase in cytosolic [Ca<sup>2+</sup>] was prevented by the presence of the EGTA and no significant activation of phospholipase A<sub>2</sub> takes place.

The addition of exogenous  $Ca^{2+}$  (20–500  $\mu$ M without EGTA) also activates saponin-permeabilised platelets in a dose-dependent manner giving similar responses to that produced by IP<sub>3</sub>. In seven different platelet preparations 500  $\mu$ M Ca<sup>2+</sup> added 2 min after saponin caused shape change, aggregation and the release of between 47 and 67% of previously incorporated [ $^{14}$ C]5HT (54.4%  $\pm$  8.2, n=7). As with the IP<sub>3</sub>-induced responses, Ca<sup>2+</sup>-induced responses were similarly inhibited by indomethacin and thromboxane receptor antagonists.

To demonstrate clearly that IP<sub>3</sub> induces Ca<sup>2+</sup> release from intracellular stores, intact platelets were first pre-incubated with 45Ca for 4 h (as described in section 2). The platelets were then washed in the EGTA-containing medium to remove any surface-associated cations and resuspended in the nominally Ca2+-free medium used in aggregation experiments. In such uptake experiments the 45Ca distributes between the cytosol and the intracellular membrane stores with perhaps a small amount in the granule pool [16]. The cells were then permeabilised as before with  $14 \mu g/ml$  saponin. The loss of  $^{45}$ Ca through permeabilisation amounted to approx. 3% of the total cell <sup>45</sup>Ca after 6 min incubation. However, if IP<sub>3</sub> is added to the cell suspension 2 min after saponisation, release of <sup>45</sup>Ca is measurable at 30 s, and 20% of the cell associated 45Ca is released

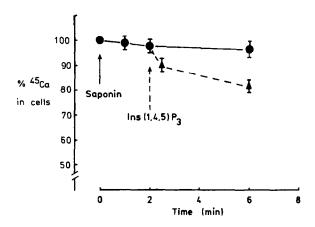


Fig. 3. IP<sub>3</sub>-induced release of <sup>45</sup>Ca from saponin-treated platelets. Intact platelets were labelled with <sup>45</sup>Ca and washed as described in section 2. Aliquots of platelet suspensions were incubated with saponin for various times up to 6 min ( $\bullet$ — $\bullet$ ). Reactions were terminated by rapid filtration through 0.45  $\mu$ m filters and the radioactivity of the cells on the filter counted by liquid scintillation. IP<sub>3</sub> (15  $\mu$ M) was added at 2 min ( $\bullet$ --- $\bullet$ ) and reactions terminated as before. 100% <sup>45</sup>Ca represents 8305 cpm/10<sup>8</sup> cells. Points represent mean  $\pm$  SE of triplicate determinations.

after 4 min (fig.3). This IP3-induced release is believed to have its origin in an internal store. This Ca<sup>2+</sup> release is dose-related over the range  $0.1-15 \mu M$  IP<sub>3</sub> and in control experiments with IP<sub>3</sub> added to intact cells no release of 45Ca was detected. Indomethacin (10 µM), a reversible cyclooxygenase inhibitor, did not inhibit the IP<sub>3</sub>-induced release of <sup>45</sup>Ca from the permeabilised cells. In fact (as shown in table 1) the presence of indomethacin resulted in a consistent but barely significant increase (~4%) in <sup>45</sup>Ca released, above the levels recorded for IP3 in the absence of indomethacin. Table 1 also shows that the IP<sub>3</sub>-induced release of <sup>45</sup>Ca is unaffected by the presence of 80 nM free Ca2+ (Ca/EGTA buffer) in the external medium which of course equilibrates with the cytosol compartment in the permeabilised platelet. Additionally, the mitochondrial inhibitors antimycin (10  $\mu$ M) and oligomycin (5  $\mu$ M) were also without effect upon the release of 45Ca suggesting that the stimulated release took place from a non-mitochondrial compartment and probably the endoplasmic reticulum-like membrane complex. Both thrombin (0.2 U/ml) and the Ca<sup>2+</sup>

Table 1

Release of <sup>45</sup>Ca from saponin-permeabilised platelets

Experimental conditions	<sup>45</sup> Ca associated with the platelets after filtration and washing	% release
Control cells	5931 ± 51 (100)	_
Cells + saponin		
$(14 \mu \text{g/ml})$	$5778 \pm 106 (97.0)$	3.0
Cells + saponin + IP <sub>3</sub>	5000   211 (94.6)	15 4
(15 $\mu$ M) Cells + saponin + IP <sub>3</sub> +	$5020 \pm 311 \ (84.6)$	15.4
indo $(10 \mu\text{M})$	4736 ± 52 (79.8)	20.2
Cells + saponin + IP <sub>3</sub> +		
80 nM Ca-free	$4863 \pm 77 (82.0)$	18.0
Cells + saponin +		
A23187 (5 μM)	$3182 \pm 281 (53.6)$	46.4
Cells + saponin + thrombin (0.2 U/ml)	3071 ± 462 (51.7)	48.3

Saponin was added at zero time. IP<sub>3</sub>, thrombin or A23187 was added 2 min after saponin and the reactions stopped at 6 min by rapid filtration through a 0.45  $\mu$  filter. Figures in parentheses refer to % associated with cells. Data are means  $\pm$  SD (n = 3). indo, indomethacin

ionophore A23187 (5  $\mu$ M) released <sup>45</sup>Ca from a sequestered site with % release values of 46% and 48% respectively of the total cell associated <sup>45</sup>Ca.

#### 4. DISCUSSION

The ability of IP<sub>3</sub> to mobilise Ca<sup>2+</sup> from an intracellular storage site in blood platelets has been further substantiated in this present study. Using saponin-permeabilised human platelets, we have also identified (by the end product TXB<sub>2</sub>) the major intracellular enzyme sequence that is activated immediately following IP<sub>3</sub> mobilisation of Ca<sup>2+</sup>. This enzyme sequence is initiated by Ca<sup>2+</sup> stimulation of phospholipase A<sub>2</sub> which results in the liberation of arachidonic acid. The fatty acid is rapidly converted to thromboxanes by the cyclooxygenase and thromboxane synthase, both of which are resident in the same intracellular membrane complex from which the Ca2+ is released by the IP<sub>3</sub>. Release of TXA<sub>2</sub> from the cell mediates functional responses through binding to specific surface membrane receptors. The use of the

thromboxane receptor antagonist AH23848, applied at the intact cell level before permeabilisation, totally inhibited the IP3-induced aggregation and release phenomena. This further emphasises the importance of thromboxane receptor occupancy in the full expression of these platelet proper-Release of arachidonic ties. acid from diacylglycerol is not considered to Ca<sup>2+</sup>-requiring process and in fact earlier observations from this laboratory indicated that diacylglycerol lipase activities (both the low- $K_{\rm m}$ and high- $K_m$  forms of the enzyme) are substantially activated in the presence of EGTA and partially inhibited by elevated Ca2+ levels [19,20]. From our previous studies with saponin-permeabilised platelets and the present data, the amount of sequestered Ca<sup>2+</sup> released by IP<sub>3</sub> appears to be sufficient to activate phospholipase-A2 without the need for influx of external Ca<sup>2+</sup> from the plasmatic environment. In the saponin-permeabilised platelet model using analytical grade water for all the reagents and no EGTA present, the environmental  $[Ca^{2+}]$  is usually less than 3  $\times$  10<sup>-6</sup> M. This equilibrates with the platelet cytosol through the detergent-induced channels and it is the incremental change above this basal level, contributed to by IP<sub>3</sub> release of Ca<sup>2+</sup> from an intracellular nonmitochondrial store, that triggers the liberation of the precursor arachidonic acid from membrane phospholipids. The minimal amount of TXA<sub>2</sub> believed to be required to produce platelet activation in aggregometry studies is generally thought to be around 25 ng/ml [21]. This amount is generated in a few seconds with 10 µM IP3 and levels of IP3 ~ 25 µM lead rapidly to TXB<sub>2</sub> concentrations in the external media over 100 ng/ml.

It should be noted, however, that in the present study less TXA<sub>2</sub> is produced by direct entry of IP<sub>3</sub> into the permeabilised platelet than when thrombin is used as the stimulus (140 and 220 ng/ml, respectively). Similarly IP<sub>3</sub> at optimum concentrations releases about 40–50% of the internally sequestered <sup>45</sup>Ca pool which can be released by 0.2 U/ml thrombin. One possible explanation for this is that in by-passing phospholipase C involvement initially, through the direct entry of IP<sub>3</sub> into the cytosol, other intracellular events initiated by thrombin receptor occupancy are not brought into interplay.

Two earlier reports presented the possibility that

IP<sub>3</sub> may also have a direct effect on certain enzymes since it was shown that it stimulated protein kinases in brain cell lysates [22] and similarly in permeabilised platelets [23]. However, subsequent reports by both groups [24,25] indicated that the resulting phosphorylations observed in the earlier experiments from brain were not reproducible and in the latter case with platelets were due to secondary formation of TXA<sub>2</sub>. It therefore appears that IP<sub>3</sub> acts predominantly, if not solely, through Ca<sup>2+</sup> mobilisation from an internal store.

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